



# NEWSLETTER

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## DEAR PARENTS AND CARERS

Welcome to this packed edition of our newsletter. I am sure you will agree there are numerous opportunities for our students to take part in prestigious events and develop their knowledge, skills and understanding beyond the classroom.

I had the privilege of watching some of our students at the **Shakespeare School's Festival** and our production of **Romeo and Juliet**. It was a fantastic evening and I am enormously proud of our cast who were absolutely brilliant – it is occasions like this that remind me of why I do the role. Thank you and well done to all involved; including the staff that supported the students to put on this performance.

Our students have also enjoyed taking part in the **Mond Trophy at Cronton College**, the **Premier League Inspires** event through **Everton in the Community**, **Young Enterprise Event** and we achieved great success in the **Debate Mate** competition. Well done and congratulations to all involved.

We have also reached a very busy part of the academic year with our **Year 11** cohort who will start their final mock examinations next week and then prepare for the final 'run in' to their actual GCSE examinations. Good luck for the next two weeks **Year 11**. Our **Year 9** students have also reached an important time in their school life as they are currently picking their options and I know they have been ably supported, as have other students from all year groups, with our excellent careers fayre and the successful **Halewood Academy Talented (HAT)** event.

None of these trips, visits and experiences would be possible without the support, guidance and time afforded by our staff; I am always grateful for their support and commitment to enrichment activities.

Finally, please note and re-visit the key messages around the importance of attendance; it is crucially important and directly has an impact on the future success our of students – your children. Therefore, please ensure your child attends school regularly and if you require help and support in this regard, please contact us.

Kind regards,

Mr I Critchley  
Principal



A GREAT PLACE TO BE A PART OF

### KEY DATES 2024

Thurs 7th March	WORLD BOOK DAY 2024
Thurs 7th March	YEAR 9 OPTIONS/PARENTS EVENING

# ATTENDANCE MATTERS



HALEWOOD  
ACADEMY

As we advance through the second half of the spring term, attendance of all our pupils remains a priority. I have therefore included in this article, some of the benefits of good attendance and some top tips for parents/carers. I hope you are able to discuss these topics with your child/children.

## Benefits of Good Attendance

At **Halewood Academy** we expect high levels of attendance and punctuality from all of our pupils. We believe that by improving attendance we will –

- ✔ Ensure more of our pupils have a happy and enriched life experience
- ✔ Enable pupils to achieve more at school academically, emotionally and socially
- ✔ Overcome some of the challenges that we continue to face post-pandemic
- ✔ Help pupils build positive, long lasting friendships and lead happy lives
- ✔ Improve mental health and wellbeing of pupils and their families
- ✔ Reduce child exploitation and abuse, anti-social behaviour and knife crime on our streets
- ✔ Help pupils and families prosper socially and economically
- ✔ Increase chances of success in further or higher education or apprenticeships
- ✔ Improve employability of pupils once they leave school
- ✔ Improve lifestyles and better prepare our pupils for adulthood and the world of work

## Benefits of Good Attendance

At Halewood Academy we expect high levels of attendance and punctuality from all of our pupils. We believe that by improving attendance we will –



**TOP  
TIPS****HALEWOOD  
ACADEMY****What can parents/carers do to ensure good attendance?**

- ✔ Ensure your child attends every day, on time, equipped and ready to learn
- ✔ Ensure school has up to date addresses and telephone numbers
- ✔ Contact school on the first morning of absence by **8:15am** on **0151 477 8830 (option 1)** or via email [admin@halewoodacademy.co.uk](mailto:admin@halewoodacademy.co.uk) and provide your reason for absence. The main office is open from **8:00am**.
- ✔ Contact the school each day of absence until your child returns to school
- ✔ If contact is not made for an absence, it is recorded as unauthorised. The school is responsible for deciding if the absence is acceptable or not
- ✔ Provide medical evidence for any absence exceeding 5 days (10 sessions) or more
- ✔ Ensure medical appointments are made outside of school time. If this is not possible, your child needs to be in school prior to and after the appointment. We will need medical evidence upon their return
- ✔ Holiday requests during term time will not be authorised. Parents who take their children out of school for a holiday may be issued with an Education Penalty Notice
- ✔ Contact school if you are experiencing difficulty in getting your child into school
- ✔ Work with the school and any other agencies to resolve any difficulties which may affect regular school attendance

I would ask that parents/carers support their child's education by ensuring regular school attendance and if there are any barrier to this please contact a member of the team so that we can work together to overcome any difficulties.



***Thank you for your ongoing support  
with improving school attendance.***

**TOP TIPS**



# YOUNG ENTERPRISE BUSINESS LAUNCHPAD EVENT



HALEWOOD  
ACADEMY

Just before half term, Business and enterprise students from Year 10 and 11 took part in the Young Enterprise Business LaunchPad Event. Students were split in to teams and were assigned the task of taking over a small business of their choice. By 'balancing the books' using budgeting tools and taking charge of the businesses marketing and promotion, learners used a range of skills to make their business a success.

All groups had a fantastic day, and students represented the school by showcasing our RACER values throughout the day.

Well done to all that took part!!

Mr C Hartley

Teacher of Business Studies and Computing





# SHAKESPEARE SCHOOLS FESTIVAL

## Celebrate Success Ceremonies - Rewards week:

Shakespeare Schools Festival inspires curiosity and empathy, builds aspiration and self-esteem, and enhances literacy and teamwork for thousands of children and young people from diverse backgrounds every year, giving them the confidence and skills to succeed in life. There were 23 pupils from Halewood Academy aged 11-16 who performed an 80's themed *Romeo and Juliet* at the Shakespeare North Playhouse on Wednesday 21st February. The student's performance was fantastic, and they all were extremely proud of themselves.

Miss R Broadhurst  
Teacher of Drama



# FUTURE FAIR 2024



HALEWOOD  
ACADEMY

Halewood Academy pupils got an important glimpse into the world of work this week when they participated in our annual **Futures Fair** during **National Careers Week**. The event was open to all students over the course of the day meaning every pupil was able to participate in high quality meaningful conversations with employers, educators, traineeships and apprenticeships to support with their post 16 pathway. There were many providers who gave their time freely to support the community of **Halewood Academy** and help the future generation and workforce with their aspirations.

The providers included:

**Liverpool Life Science**  
**Cronton Sixth Form College**  
**Hugh Baird Sixth Form**  
**City of Liverpool College Sixth Form**  
**Liverpool Maths School**  
**The Studio School**  
**City of Liverpool College Sixth Form**  
**Riverside College**  
**City of Liverpool College**  
**Hugh Baird**  
**Knowsley Community College**  
**St Helens College**  
**Waterside Training**  
**David Campbell Soccer School**  
**Liverpool Media Academy**  
**Everton Football College**  
**Andrew Collinge**  
**Steven Gerrard Football**  
**LIPA**  
**Fowler Education Football Academy**  
**Liverpool Hope University**  
**LIPA (also a school and sixth form)**  
**Edgehill University**  
**John Moores University**  
**Liverpool Media Academy (also a further education college)**  
**University of Liverpool**  
**Wrexham University**  
**Unilever**

**Royal Navy**  
**Army**  
**Hays Travel**  
**Apprenticeship Hub**  
**Knowsley Apprentice Programme**  
**Training Plus Merseyside**  
**Kids Planet Day Nursery**  
**Andrew Collinge Training**  
**Merseyside Youth Association supporting Youth Parliament**





# FUTURE FAIR 2024



HALEWOOD  
ACADEMY



Year 7 and Year 8 were able to learn about opportunities and jobs that they may have not known exist and begin to dream about what is available to them. Year 9 were able to put firm plans in place about what they may wish to do when they leave school and help with their decision making for the options process at Key stage 4 that they are currently going through. Year 10 and Year 11 were able to create links and complete applications with colleges, sixth forms, training providers and understand what apprenticeships were available to them for when they leave school.

It was a delight to see the pupils so interested and engaged throughout the Futures Fair asking insightful questions and expressing and developing their aspirations for the future.

Halewood Academy would like to thank all the providers for their support over the day but also our Independent Careers Advisor, Miss Rafferty, who is available weekly in school to provide bespoke and personalised support to each student.

Mr Harrison, Vice Principal





# THE MOND TROPHY CRANTON COLLEGE



HALEWOOD  
ACADEMY

We had a great afternoon at Cranton College last week, when we were kindly invited to take part in The Mond Trophy with some of our Year 10 students. They took part in a variety of STEAM based activities, working in 2 teams to overcome the challenges put to them. They showcased their resilience, collaboration and aspirational skills - linked to our school RACER values. It was also great to see so many of our former students on the day thriving in their post-16 studies. Well done all and thanks to Cranton College for having us!

James Campbell  
PE Teacher & STEAM Coordinator





# PREFIX OR SUFFIX OF THE WEEK

## PURPOSE- Why are we doing 'Prefix' or 'Suffix of the week'?

A **prefix** is a word, letter or number placed at the stem of a word.

A **suffix** is an affix which is placed after the stem of a word.

Both of the above are used to modify the meaning of a word. If you can recognise the most common prefixes and suffixes and what they mean, this will allow you to unlock a wealth of new vocabulary. It's about recognising common patterns to help you to problem solve when seeking meaning.

- ★ There are some exceptions when it comes to the meaning of certain prefixes and suffixes so you have to look at the word within the context of the rest of the sentence.



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ACADEMY

## Suffix of the Week!



**-ful**.....

**Meaning:** full of

**Example from this subject:** She was very **helpful** when we were preparing the dinner.

**Other examples:** careful, doubtful, powerful.

# SPORTS UPDATE

Congratulations to our Year 9 boys football team who tonight won 5-1 against Kirkby High in the Merseyside cup! Despite missing many 1st team players the squad rallied brilliantly with many players playing out of position! We scored 3 early goals. The first was a fantastic turn and strike by **Dobie!** The 2nd and 3rd were expertly taken by **Rogers.** The 4th goal was an own goal after brilliant work in the channel by **Dobie!** Our final goal was a special volley from **Dobie** on the angle from near the edge of the box! It was a fabulous squad effort! Well done!



# 1-5



# INSPIRES CHALLENGE

## Everton in the Community Premier League Inspires Challenge

On Friday 23rd February five Year 9 students represented Halewood Academy at the Premier League Inspires Challenge at Goodison Park. The theme was Mental Health and Well-being. The students have been working on ideas to present at the challenges for a few weeks and were very well prepared for their presentation.

The students did an exceptional job and were described as a credit to the school. Although they did not win the challenge, they impressed the judges so much they have agreed to partially fund their idea. We will be keeping you updated with the next steps to their ideas asap. Well done girls!

**Mrs Jones** - PE Teacher and Aspirations Co-ordinator

# HAT EVENT 22ND FEB



Thank you to everyone who attended the event on **Thursday 22nd February**, it was lovely to meet you all and get chance to explain more about what HAT is.

**Halewood Academy Talented (HAT)** is a recognition for students who show talents within a particular subject. Students are nominated by staff using subject specific criteria, assessment data and extra-curricular information. These students are then highlighted and monitored throughout the year to ensure they are achieving their potential, and are receiving appropriate support.

We would love to celebrate the accomplishments of our students, whether they are recognised as HAT or not, so please keep us up to date with any achievements! If any have any questions/celebrations to share please contact **Mrs Jones** via email on [cjones@halewoodacademy.co.uk](mailto:cjones@halewoodacademy.co.uk) or via the **Halewood\_Academy\_Aspirations** Instagram page.





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# OPTIONS EVENING REMINDER FOR YEAR 9

We would like to invite you to our **Options Evening** for Year 9 pupils on **Thursday 7th March 2024 4-7pm.**

Please ensure you have completed your return – **Deadline for Return – Friday 1st March 2024.**

SAVE  
the DATE



A GREAT  
PLACE TO  
LEARN

## DEBATE TEAM SUCCESS!



### THE TEAM

- Jonah H
- Oliver T
- Jess S
- Layla O
- Ellie W
- Chloe W
- Louise W

### OUR FIRST SEEN MOTION AND A VERY DIFFICULT ONE!

On Wednesday 28<sup>th</sup> February, the Debate Team competed at Bellerive FCJ Catholic College after school. There were three other schools at this round of the competition and Halewood Academy faced two of them, St Francis of Assisi and Bellerive. The team has practiced and perfected their debating skills by attending Debate Club every [THURSDAY AFTER SCHOOL](#), for more information on how to get involved, speak to Mr Harrison. We need 2 more members to make a 'B Team', could it be you?

The motions for debate were:

- Should ALL secondary school students be able to vote in general elections? **PROPOSITION**
- Should mobile phones be banned in schools? **OPPOSITION**

Our school is incredibly proud of how hard the team worked together, the respect they showed for the opposition and their success. Halewood Academy **WON** their first debate against St Francis of Assisi – B Team, stating that at 16 you can be in employment and therefore a tax-payer, so why can't you have the right to vote? Another valid point made was that 16 year olds are in education and a large amount of laws passed are relevant to the education system, yet they have no vote or say on their own education.

The team went up against Bellerive – B Team, for their second debate and unfortunately lost by only **1 POINT!** I'm sure that you all agree it is hard to argue against a rule that is already in place. Some of our points made were: for safety whilst travelling to/from school, for learning purposes such as quick research and for medical conditions (apps for diabetes etc.).

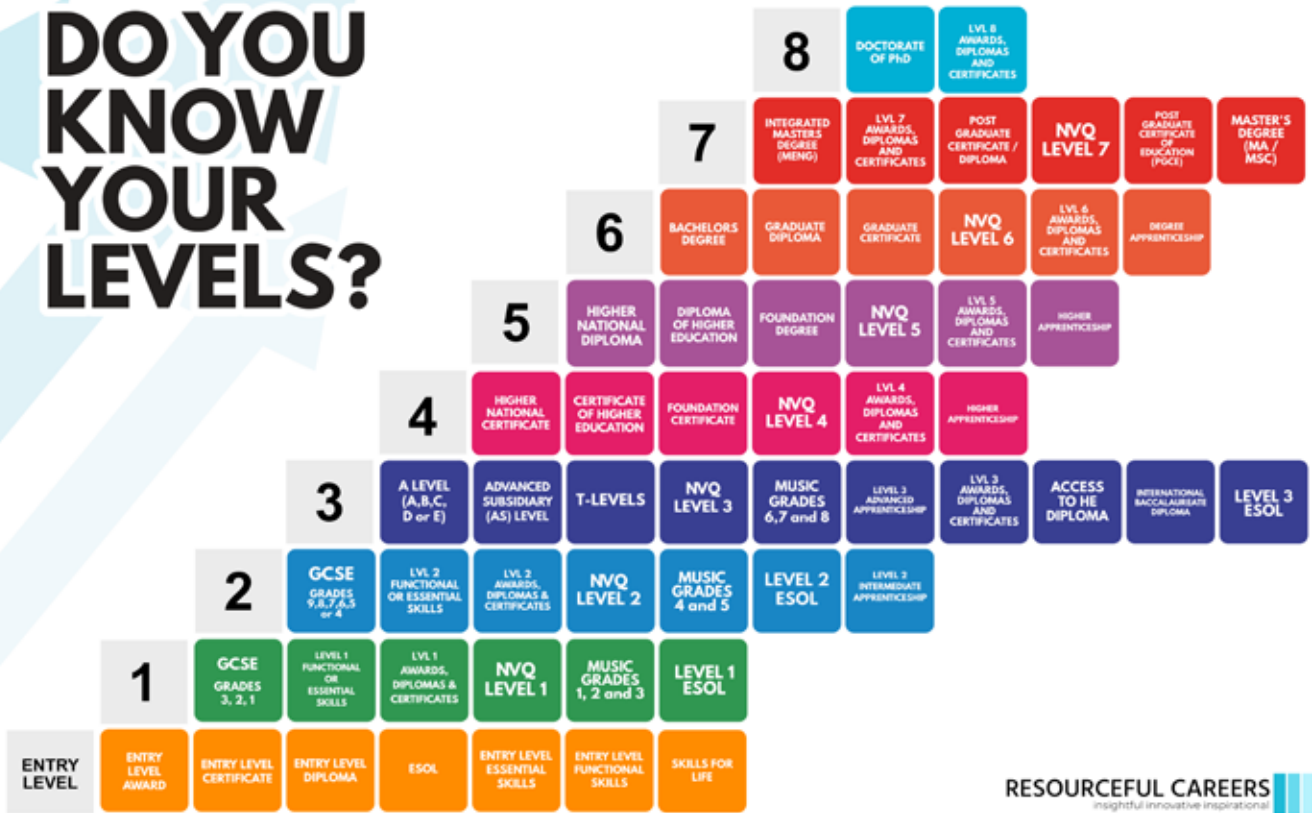
Well done Halewood Academy Debate Team! We look forward to checking the leader board in the upcoming weeks, you can find Round 1 results here: <https://debatemate.org/secondary-urban-debate-league-2024-round-1-results/>

# CAREERS & OPTIONS



HALEWOOD ACADEMY

## DO YOU KNOW YOUR LEVELS?



RESOURCEFUL CAREERS  
insightful innovative inspirational

## ENGINEERING & MANUFACTURING

The engineering and manufacturing sector is all about making things work. It's a huge field, so you'll specialise in a particular area, but there are many different options available. You need to be good at following instructions and working as part of a team, but engineers in particular often need to use their own initiative to solve problems.

The UK is a world leader in engineering construction, second only to the USA.

There are more than 138,000 employees working in the science, engineering, manufacturing and technology industries in the UK.

The building services engineering sector carries out £20 billion of work each year and at any one time is training 18,000 apprentices.



### GCSEs

- English
- Maths
- Biology
- Chemistry
- Computer Science
- Physics
- Business Studies
- Product Design
- Food Technology
- Textiles
- Resistant Materials
- Statistics

### APPRENTICESHIPS AVAILABLE IN

- Advanced Engineering
- Aerospace Engineering
- Aerospace Manufacturing
- Broadcast Technology
- Building Energy Management Systems
- Building Services and Project Management
- Composite Engineering
- Electrotechnical Engineering
- Engineering Construction
- Combined Manufacturing
- Mineral Processing

### JOB TITLES

- Acoustics consultant
- Aerospace engineer
- Assembler
- Auto electrician
- Automotive engineer
- Building services engineer
- CAD technician
- Car manufacturing worker
- Chemical engineer
- Chemical plant process operator
- Civil engineer
- Clinical engineer
- Construction plant mechanic
- Design and development engineer
- Electrical engineer
- Energy engineer
- Engineering construction craftworker
- Engineering maintenance technician
- Engineering craft machinist
- Food packaging operative
- Food manufacturing inspector
- Food packaging operative
- Footwear manufacturing operative
- Gas service technician
- Land surveyor
- Live sound engineer
- Marine engineer
- Materials engineer
- Measurement and control engineer
- Mechanical engineer
- Motor mechanic
- Motorsport engineer
- Nuclear engineer
- Offshore drilling worker
- Oil and gas operations manager
- Packaging technologist
- Paper technologist
- Physicist
- Plumber
- Product designer
- Production worker (manufacturing)
- Rail engineering technician
- Rail track maintenance worker
- Recycled metals worker
- Refrigeration and air-conditioning installer
- Research and development manager
- Satellite engineer
- Scrap metal worker
- Sewing machinist
- Sheet metal worker
- Signmaker
- Steel fixer
- Structural engineer

### A-LEVELS

- English
- Maths
- Biology
- Chemistry
- Computer Science
- Physics
- Business Studies
- Product Design
- Food Technology
- Textiles
- Resistant Materials
- Statistics

### COLLEGE COURSES LEVEL 1, 2 & 3 COURSES AVAILABLE IN

- Civil Engineering
- Mechanical Engineering
- Electrical Engineering
- Construction
- Fabrication and Welding
- Applied Science
- Music Production
- Environmental Management
- Land-Based Operations
- Environmental Engineering
- Art and Design
- Creative Media - Graphic Design
- Fashion and Textiles
- Motor Vehicle Technology
- Computer Games Development

### T-LEVELS

- Design, surveying and planning for construction
- Onsite Construction
- Design and development for engineering and manufacturing
- Engineering, manufacturing, processing and control
- Maintenance, installation and repair for engineering and manufacturing

### UNIVERSITY COURSES

- BEng (Hons) in Civil and Environmental Engineering
- BA(Hons) in Creative Sound Design
- BEng (Hons) in Agricultural Management
- BSc (Hons) in Biomedical Engineering
- BSc (Hons) in Electronic Engineering
- BEng (Hons) in Automotive Engineering
- BEng (Hons) in Chemical Engineering
- BEng (Hons) in Mechanical Engineering
- BSc (Hons) in Software Engineering
- BEng (Hons) in Aerospace Engineering
- BSc (Hons) in Engineering
- BSc (Hons) in Product Design



# SAFEGUARDING, EMOTIONAL WELLBEING AND MENTAL HEALTH

A GREAT PLACE TO BE A PART OF

## 12 Top Tips for BUILDING CYBER RESILIENCE AT HOME

As a society, we're increasingly using technology and tech services in the home. Digital assistants which can adjust the heating or turn lights on and off; streaming services for shows and movies on demand; games consoles; smart speakers; phones; laptops ... the list goes on. As we introduce each new gizmo to our homes, however, we increase the level of threat from cyber criminals. It's essential, therefore, that we learn to become more cyber resilient in relation to the devices and digital services that the people in our household use.

### WHAT IS 'CYBER RESILIENCE?'

Cyber resilience focuses on three key areas: reducing the likelihood of a cyber attack gaining access to our accounts, devices or data; reducing the potential impact of a cyber incident; and making the recovery from a cyber attack easier, should we ever fall victim to one.

#### 1. PASSWORDS: LONGER AND LESS PREDICTABLE

The longer, less common and predictable a password is, the more difficult it becomes for cyber criminals to crack. The National Cyber Security Centre's 'three random words' guidelines are ideal for creating a long password which is easy to remember but hard to guess.

#### 2. AVOID RE-USING PASSWORDS

When you use the same password across different logins, your cyber resilience is only as strong as the security of the weakest site or service you've signed up for. If cyber criminals gain access your username and password for one site or service, they'll definitely try them on others.

#### 3. USE A PASSWORD MANAGER

A good way to juggle different passwords for every site or service you use is to have a password manager. This software stores all your passwords for you, so you simply need to remember the master password. LastPass, Dashlane, Password and Keeper are all excellent password managers.

#### 4. BACK UP YOUR DATA

Keep a copy of your data using OneDrive, Google Drive or another reputable cloud-based storage solution. If it's extremely important or sensitive information, you could even decide to keep more than one back-up version - by saving it to a removable USB drive or similar device, for example.

#### 5. ENABLE MULTI-FACTOR AUTHENTICATION (MFA)

Multi-factor authentication is where you need access to your phone (to receive a code, for example) or another source to confirm your identity. This makes it far more difficult for cyber criminals to gain entry to your accounts and your data, even if they do manage to get your username and password.

#### 6. CHOOSE RECOVERY QUESTIONS WISELY

Some services let you set 'recovery questions' - such as your birthplace or a pet's name - in case you forget your password. Take care not to use information you might have mentioned (or are likely to in future) on social media. More unpredictable answers make cyber criminals' task far harder.

#### 7. SET UP SECONDARY ACCOUNTS

Some services provide the facility to add secondary accounts, phone numbers and so on to help with potentially recovering your account. Make sure you set these up: they will be vital if you're having trouble logging in or if you're trying to take back control of your account after a cyber attack.

#### 12. STAY SCEPTICAL

Cyber criminals commonly use various methods, including emails, text messages and social media posts. Be cautious of any messages or posts that are out of the ordinary, offer something too good to be true or emphasise urgency - even if they appear to come from someone you know.

#### 11. KEEP HOME DEVICES UPDATED

Download official software updates for your household's mobile phones, laptops, consoles and other internet-enabled devices regularly. Security improvements and fixes are a key feature of these updates - so by ensuring each device is running the latest version, you're making them more secure.

#### 10. CHANGE DEFAULT IOT PASSWORDS

Devices from the 'Internet of Things' (IoT), such as 'smart' home appliances, are often supplied with default passwords. This makes them quicker to set up, but also less secure - criminals can identify these standard passwords more easily, so change them on your IoT devices as soon as possible.

#### 9. CHECK FOR BREACHES

You can check if your personal information has been involved in any known data breaches by entering your email address at [www.haveibeenpwned.com](http://www.haveibeenpwned.com) (yes, that spelling is correct!). It's useful if you're worried about a possible attack - or simply as motivation to review your account security.

#### 8. KEEP HAVING FUN WITH TECH

Consider our tips in relation to the gadgets and online services your household uses. Protect yourself and your family, and don't let the bad guys win: devices are not only integral to modern life but also a lot of fun - so as long as you keep safety and security in mind, don't stop enjoying your tech.

### Meet Our Expert

Gary Henderson is the Director of IT at a large boarding school in the UK, having previously taught in schools and colleges in Britain and the Middle East. With a particular interest in digital citizenship and cyber security, he believes it is essential that adults and children alike become more aware of the risks associated with technology, as well as the many benefits.



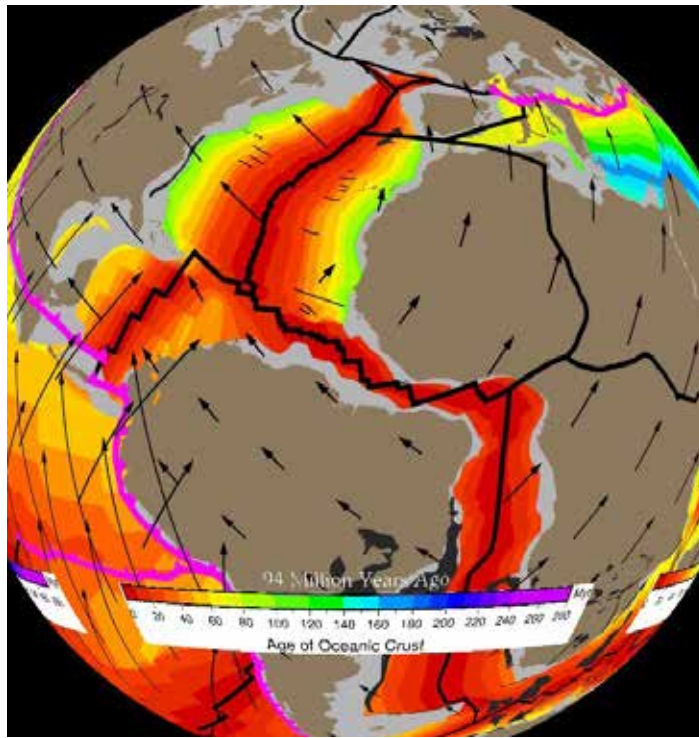
Source: [www.ncsc.gov.uk/collection/top-tips-for-staying-secure-online/three-random-word](http://www.ncsc.gov.uk/collection/top-tips-for-staying-secure-online/three-random-word) | <https://haveibeenpwned.com>



# HUMANITIES UPDATE



HALEWOOD  
ACADEMY



In Geography, Students have been studying a scheme of work on Africa and were asked to research how Africa was portrayed in the media. A massive well done to Liam P, Josh, Austin, Rennae, Caleb, Andrei N Austin B, Renae W, Caleb O, Kody R, Liam P, Josh D, Andrea N and Kody in Mrs Atherton's Humanities class 8AL for their winning entries.

Enjoy your chocolate.

Mrs D Atherton



Year 7 Students have been studying Plate Tectonics in Mrs Athertons Geography lessons.

They were divided into groups and asked to work collaboratively to produce a Poster presentation about the different Plate boundaries and which landforms formed at each Plate boundary.

Students then presented their posters to their Peers who completed worksheets on each plate boundary. All students enjoyed their lessons with several groups staying behind at lunch and after school to do extra research.

A big well done to all involved and good luck in your next green zone assessments.

Mrs D Atherton







# WORLD BOOK DAY



# CARNIVAL

7<sup>TH</sup> MARCH 2024

AT THE  
LIBRARY

PIN THE...

QUIZ

LIMBOOKS

HOOK-A-BOOK



CRAFTS

GUESSING GAME

CARICATURES


PHOTOBOOTH

MAGNET DARTS



# FORTUNE TELLER

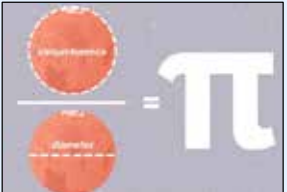
Maths Challenge  
'Pi'



N

Every year on March 14<sup>th</sup> Pi day is celebrated around the world.

What is Pi?  
Pi (often represented by the lower-case Greek letter  $\pi$ ), is the ratio of a circle's circumference to its diameter.

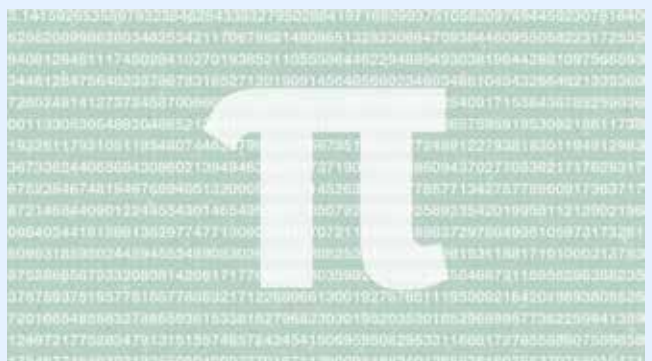



Pi is an irrational number (a decimal with no end and no repeating pattern) that is most often approximated with the decimal 3.14

Your Challenge

How many decimal places can you remember pi to?

Where does Pi occur in Mathematics? Can you find any formulae where we use pi?





## Year 11 Mock exam Timetable - March 2024

Day/Period	Period 1 9.00am START	Period 2	Break (10.55 - 11.15)	Period 3	Lunch (12.15-13.00)	Period 4	Period 5
Monday 11-Mar	<b>Combined Science Biology F/H Ppaer 2(1h 15m)</b> <b>Separate Science Biology F/H Paper 2(1h 45m) (206)</b>		Break (10.55 - 11.15)		Lunch (12.15-13.00)	<b>Music (1h 15m) (14)</b> <b>RE (1h45m) (18)</b>	
Tuesday 12-Mar	<b>English Lanuage Paper 1 (1h 45m) (206)</b>		Break (10.55 - 11.15)		Lunch (12.15-13.00)	<b>Geography (Paper 1/2) (1h 30m) (134)</b>	
Wednesday 13-Mar	<b>Maths Paper 1 (1h 30m) (206)</b> F (non-calc), H (non-calc)		Break (10.55 - 11.15)		Lunch (12.15-13.00)	<b>Dance C3 - Performing to a brief (2h In class) (12)</b> <b>Computer Science Paper 2 (1h 30m) (15)</b>	
Thursday 14-Mar	<b>Combined Science Chemistry F/H Paper 2 (1h 15m)</b> <b>Separate Science Chemistry F/H Ppaper 2(1h 45m) (206)</b>		Break (10.55 - 11.15)		Lunch (12.15-13.00)	<b>Sport Science (1 h 15m) (51)</b>	
Friday 15-Mar	<b>English Language Paper 2 (2h) (206)</b>		Break (10.55 - 11.15)		Lunch (12.15-13.00)	<b>Health &amp; Social Care C3 Health &amp; Wellbeing (1h30m) (39)</b>	
Day/Period	Period 1 9.00am START	Period 2	Break (10.55 - 11.15)	Period 3	Lunch (12.15-12.45)	Period 4	Period 5
Monday 18-Mar	<b>Maths Paper 2 (1h 30m) (206)</b> F (calc), H (calc)		Break (10.55 - 11.15)		Lunch (12.15-13.00)	<b>Spanish (Writing) (1h 15 / 1 h 30m) (66)</b>	
Tuesday 19-Mar	<b>Combined Science Physics F/H (1h 15m)</b> <b>Separate Science Physics F/H (1h 45m) (206)</b>		Break (10.55 - 11.15)		Lunch (12.15-13.00)	<b>Drama C1 - Understanding Drama (1h 45m) (10)</b>	
Wednesday 20-Mar	<b>English Literature Paper 2 (2h 30m) (206)</b>		Break (10.55 - 11.15)		Lunch (12.15-13.00)		
Thursday 21-Mar	<b>Maths Paper 3 (1h 30m) (206)</b> F (calc), H (calc)		Break (10.55 - 11.15)		Lunch (12.15-13.00)	<b>Business (1h 30m) (100)</b>	
Friday 22-Mar	<b>History Paper 1/2 (2h) (90)</b>		Break (10.55 - 11.15)		Lunch (12.15-13.00)	<b>Spanish (Reading) (1h / 1h 15m) (66)</b>	

# AI and Assessments

## A quick guide for students



### What is AI?

- AI stands for artificial intelligence and using it is like having a computer that thinks
- AI tools like ChatGPT or Snapchat My AI can write text, make art and create music by learning from data from the internet, but watch out – they can also make things up and be biased



### How can AI be misused in assessments?

AI misuse is when you take something made using AI and say it's your own work.

**THIS IS CHEATING!**



### How do I make sure I don't misuse AI?



#### 1 Know the rules

- You're **not allowed** to use AI tools when you're in an exam
- Your teachers will tell you if you're allowed to use AI tools when doing your coursework – the rules will depend on your qualification
- Even if you're allowed to use AI tools, you can't get marks for content just produced by AI – your marks come from showing your own understanding and producing your own work

#### 2 Reference reference reference!

- If you're allowed to use AI tools, you must reference them clearly
- Name the AI tool you used
  - Add the date you generated the content
  - Explain how you used it
  - Save a screenshot of the questions you asked and the answers you got

#### 3 Declare it's all your own work

– When you hand in your assessment, you have to sign a declaration. Anything without a reference must be all your own work. If you've used an AI tool, don't sign the declaration until you're sure you've added all the references

### What happens if I misuse AI?

If you've misused AI, you could lose your marks for the assessment – you could even be disqualified from the subject.

**DON'T RISK IT!**



**REMEMBER**  
Misusing AI is cheating!  
Know the rules  
Talk to your teachers  
Reference clearly



# Mindful March 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



4 Notice how you speak to yourself and choose to use kind words



5 Bring to mind people you care about and send love to them



6 If you find yourself rushing, make an effort to slow down



7 Take three calm breaths at regular intervals during your day

1 Set an intention to live with awareness and kindness

2 Notice three things you find beautiful in the outside world

3 Start today by appreciating your body and that you're alive

11 Stay fully present while drinking your cup of tea or coffee

12 Listen deeply to someone and really hear what they are saying

13 Pause to watch the sky or clouds for a few minutes today

14 Find ways to enjoy any chores or tasks that you do

15 Stop. Breathe. Notice. Repeat regularly

16 Get really absorbed with an interesting or creative activity

17 Look around and spot three things you find unusual or pleasant

18 Have a 'no plans' day and notice how that feels

19 Cultivate a feeling of loving-kindness towards others today

20 Focus on what makes you and others happy today [dayofhappiness.net](http://dayofhappiness.net)

21 Listen to a piece of music without doing anything else

22 Notice something that is going well, even if today feels difficult

23 Tune into your feelings, without judging or trying to change them

24 Appreciate your hands and all the things they enable you to do

25 Focus your attention on the good things you take for granted

26 Choose to spend less time looking at screens today

27 Appreciate nature around you, wherever you are

28 Notice when you're tired and take a break as soon as possible

29 Choose a different route today and see what you notice

30 Mentally scan your body and notice what it is feeling

31 Discover the joy in the simple things of life



ACTION FOR HAPPINESS

Happier · Kinder · Together

